

# Spring 2012 Psychology Courses Offered at OSU Marion

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**GENERAL PSYCHOLOGY 100** will be offered **MW 12:30-3p** by Dr. Fohl-Bailey, and **TR 5:30-7:45p** by Mrs. Hazelett. This is the introductory course, and is the prerequisite for advanced studies in psychology. It covers psychobiology, development, perception, learning, cognition, motivation, personality, clinical, and social psychology, and focuses on the scientific approach.

**HOW TO STUDY 120** (Academic and Personal Effectiveness) will be taught **MW 5:30-7p** by Mrs. Hazelett. This how to study course helps students improve study skills by focusing on how to take effective lecture notes, how to read and study textbooks, and how to take tests. Psychology 120 is for any student who needs a jump-start on study skills and college survival.

**RESEARCH METHODS IN PSYCHOLOGY 300** will be taught on **MW 10-12n** by Dr. Fohl-Bailey. The experimental methods psychology course involves students in learning about the research methods used in psychology. Prerequisite is psychology 100. Students experience psychology through research and active participation in class activities. Goals include 1) understanding experimental research designs, 2) searching research literature, 3) writing in APA style, and 4) designing research. Students will be involved in reading and writing activities designed to develop critical scientific thinking skills. Required of all psych majors. **Psych 300** will also be taught on the **Delaware Campus TR 1:30-3:30p** by Dr. Fohl-Bailey.

**POSITIVE PSYCHOLOGY 303** will be taught **TR 1-3pm** on TR by Dr. Tylka. Positive psychology studies how humans prosper when faced with adversity by identifying and enhancing strengths that allow individuals and communities to thrive. When people live meaningful and fulfilling lives, they cultivate what is best within themselves and strive to enhance their experiences of authenticity within their love, work, and leisure. The format of the course will be didactic (lecture), interactive (class discussion in which active student participation is required), and experiential (reflection exercises outside of class). Topics covered will be diverse, such as flourishing under adversity, proactive coping, resiliency, emotional and social intelligence, altruism, empathy, gratitude, love, flow (i.e., total concentration on a meaningful task), mindfulness, savoring, spirituality, meaning, self and body acceptance, optimism, hope, sense of humor, optimal decision making, wisdom, creativity, and courage. This course also will explore how to increase well-being and authenticity via techniques and exercises. Prerequisite is Psych 100.

**MEMORY AND COGNITION 312** will be taught **MW 1-3p** by Dr. Patson-Huffman. This course serves as a general introduction to the field of cognitive psychology. In the most general terms, cognitive psychology is the scientific study of mental processes, of how the mind works (and fails to work). We'll spend much of our time discussing information and how it is transformed. We'll study how perceptual information enters the mind, how attention is used to select from the array of available incoming sensory information, how knowledge is organized in memory, how new information is added to memory, how information is retrieved from memory, how information is conveyed to others via language, and how current knowledge is transformed and expanded by inductive and deductive reasoning. Throughout the course we will discuss

theories of mind in which simple ideas are built into powerful psychological theories. We will discuss how cognitive psychologists build theories (or models) of mental processes, and how these models are used to understand and predict behavior. [Dr. Huffman makes prerequisite Psychology 100. If you have problem scheduling see advisor to add the class.]

**BEHAVIORAL NEUROSCIENCE (Psychobiology) 313** Introduction to Behavioral Neuroscience 313 is a 5-credit course that focuses on the biological bases of behavior. Taught **MW 10-12n** by Dr. Terry Pettijohn, it is an "Introduction to the structure and function of the nervous system in relation to behavior". The course does not assume that students have had physiology courses. Emphasis of course is on the relevant, practical concerns in psychobiology today. We begin by reviewing history of biological psychology and explaining organization of the nervous system. Then we explore the functioning of a neuron, and discover how the nervous system is involved in behavior. Topics include learning and memory, motivation, eating, sleeping, sex, emotion, abnormal, and social behavior. [Dr. Pettijohn makes prerequisite Psychology 100. If you have problem scheduling see advisor to add the class.]

**SOCIAL PSYCHOLOGY 367.01** Social Psychology 367.01 (2nd Writing Course) attempts to understand how the thoughts, feelings and behavior of an individual are influenced by others. This course, taught Spring Quarter **MW 8-10a** by Dr. Pettijohn, explores research, attraction, group influences and attitudes, and then applies the knowledge gained to social perception, aggression, altruism, and environment. It will help students acquire knowledge of scientific theory and research in the major topic areas. Social Psych is a 5-credit hour "second level writing course", with prerequisites of English 110 and sophomore status. It requires "substantial written work". The written assignments, in the form of short papers, are intended both to develop writing skills and to solidify understanding of the lecture and text materials of the course.

**LANGUAGE AND THE MIND 371** will be taught **MW 3-5p** by Dr. Patson-Huffman. Psycholinguistics is an area of specialization in cognitive psychology that focuses on the psychological components of the language processor. This course provides an introduction to psycholinguistics, the study of how humans learn, represent, comprehend, and produce language. In this course we will examine current questions regarding the nature and origin of human language and discuss what is known about how humans speak, listen, read, comprehend, and converse, as well as how language may (or may not) influence other aspects of cognition. This course emphasizes the commonalities that underlie human languages everywhere (i.e., how is German like Russian?), and we will focus on what these commonalities tell us about the basic nature of the human mind. Specific questions that we will consider include: what exactly is a language? Do humans possess an innate "instinct" to acquire a language? Does the language we speak determine the structure and content of our thoughts? Is language a uniquely human ability? How do bilinguals "turn off" the language they aren't using? Why are some sentences hard to understand, even when you know all of the words in them? How does what you've just seen or heard change what you say? and How does our perception of language change depending upon whether the input

is oral or visual? Prerequisite is Psychology 100. This is a GEC social science individuals and groups course.

**PREJUDICE AND STEROTYPES 375** will be taught **TR 1-3p** by Ms. Shoots-Reinhard. The class will use a social psychological approach to explore how we use social group memberships to understand and interact with those around us. We will focus on how and why stereotypes develop, the ways they are maintained, their consequences, and the ways they might be reduced. This course will challenge you to consider the issues of diversity and tolerance in every day activities. Prerequisite is Psych 100.

**INTERNSHIP IN PSYCHOLOGY 489** will be offered to a few advanced students. This experience provides psychology majors with an opportunity to intern in a professional setting to integrate academic knowledge with experience in the world of work. Prerequisite: psych major; junior standing, gpa, and permission of instructor. Internships with Marion Homeless Shelter or Turning Point are available. See Dr. Pettijohn for further information.

**PSYCHOLOGY OF PERSONALITY 530** will be taught **TR 3-5p** by Dr. Tylka. In this class, we will cover the diverse conceptualizations of personality proposed by many theorists and ideologies. We will explore the various theories about how personality is best described, how it develops with normal and abnormal features, how it is measured, how it affects our behavior, and how it can be changed. We will cover the major personality theory domains including psychodynamic, interpersonal, trait/factor, cognitive-behavioral, humanistic, existential, gestalt, positive psychology, Buddhism, constructivism, feminist/multiculturalism, and eclectic. Theorists within these domains - Freud, Jung, Adler, Horney, Erikson, Allport, Cattell, Mischel, Costa and McCrae, Bandura, Ellis, Rogers, May, Perls, Seligman, Kelly, Brown, and Lazarus- will be covered. Prereq is Psych 100.

**HEALTH PSYCHOLOGY 531** will be taught on the **Delaware Campus TR 8:20-10:20a** by Dr. Fohl-Bailey. Psych 531 will focus on the research that links behavior to health and health to behavior. Psychological, social, and biological factors interact

with and affect behavior selection and the success people have in maintaining their health. Health and illness can be influenced by risky behaviors, career choices, exercise habits, diet, support networks, and coping abilities. In addition to behavior influencing health, health can also influence behavior. Health status may influence whether you bike or lift weights, what and how much you eat, and interactions with other people. Specifically, this course will concentrate on the factors underlying health habits and lifestyles, methods to enhance health behavior and prevent illness, and the management of illness. This is a new course for OSU Marion, being taught at Delaware. Prerequisite is Psych 100.

**ADOLESCENCE 551** is a 5-credit hour course that will be taught **MW 3:45-5:15p** by Dr. Chris Daddis. This course surveys theory and research relating to normal development during adolescence. Adolescent biological, social, and cognitive development is examined in a variety of contexts; including families, peer groups, and schools. We will examine special problems and issues that often arise during late childhood and adolescence including: adolescent-parent conflict, peer pressure, stress, bullying, violence, eating disorders, and depression. We will draw from recent research, learn how the research was conducted, and apply what we learn. Requirements will include several exams, quizzes, and papers that explore a topic from the adolescent research literature. Prerequisite is Psych 100.

**MORAL BEHAVIOR 594** will be taught by **MW 1-3p** by Dr. Chris Daddis. This course will examine the major theoretical and empirical approaches to moral development including psychoanalytic theories (primarily Freud), cognitive-developmental theories (Piaget, Kohlberg, Turiel, and Eisenberg), and socialization theories. Through discussion of primary source material, we will examine, compare, and contrast major theories and consider the research methods and findings associated with each approach. The primary focus will be on psychological approaches, but we will also consider philosophical issues and educational applications.

## **Summer 2012 Psychology Courses at OSU Marion**

**GENERAL PSYCHOLOGY 1100** will be offered **MTWR 1:45-3:15p** by Mrs. Hazelett. This is the introductory course, and is the prerequisite for advanced studies in psychology. It covers psychobiology, development, perception, learning, cognition, motivation, personality, clinical, and social psychology, and focuses on the scientific approach.

**DRUGS AND BEHAVIOR 3305** will be taught **MTWR at 9-10:30a** by Dr Pettijohn. Drugs and Behavior is a course that serves as an "Introduction to the psychology of licit and illicit psychoactive drug use." Topics include definitions, history, physiology, and legal aspects of drug use. Specific drugs include alcohol, narcotics, barbiturates, cocaine, amphetamine, caffeine, tobacco, marijuana, LSD, and over the counter drugs. We end with a discussion of the treatment and prevention of drug abuse. I realize that many students are majoring in other areas, and are interested in how drugs affect behavior so you will be able to apply it to your own interests. We will concentrate on applications which will be most relevant to all majors. Videos and class discussions will supplement lectures. Prerequisite is General Psychology 1100

**PSYCHOLOGY OF EMOTION 4515** Psychology of Emotion will be taught **MTWR at 10:40-12:10am** by Dr. Pettijohn. Prerequisite is Psychology 1100. There will be opportunities to individualize course for student's own interests and needs. Psychology of Emotion is a course that surveys the theoretical approaches to the study of emotion, introduces measurement and control of emotion in everyday life, and studies some of the major emotions that we experience. We will begin with a definition of emotion, and study how psychologists measure emotions. We then survey the major theoretical approaches, including theories of James, Jung, Lazarus, Schachter, Zajonc, and Plutchik. Ekman's work on facial expressions will be covered, along with current research on social psychophysiology of facial expression. The last couple of weeks will be spent learning about some of the important emotions, including sadness, anger, fear, happiness, and love. Emphasis will be on application of emotion to everyday life. Prerequisite psych 1100.